

## National Records as at 31-10-2018

<b>MEN</b>					<b>WOMEN</b>				
<i>Event</i>	<i>Record</i>	<i>Name</i>	<i>Tournament</i>	<i>Year</i>	<i>Event</i>	<i>Record</i>	<i>Name</i>	<i>Tournament</i>	<i>Year</i>
100 M	10.33	Hassan Saaid	MVP Track & Field Meeting	16-Apr-16	100 M	12"27	Shamha Ahmed	World C'ship/Edmonton	Aug-01
200 M	20.75	Hassan Saaid	Indian Grand Prix	11-Jul-16	200 M	24.96	Afa Ismail	Olympic Games	15-Aug-16
400 M	47.48	Hassan Saaid	JAAA Development Meet	01-Jun-13	400 M	59.76	Aishath Himna Hassan	YOG Qualification	04-Jul-18
800 M	1'53"08	Naseer Ismail	8th SAF Games/Nepal	1999	800 M	2'28"00	Aishath Reesha	World C'ship/Berlin	Aug-09
1500 M	4'00"06	Hussein Riyaz	6th SAF Games/Dhaka	1993	1500 M	5'16"29	Mariyam Inaya Farooq	World Junior C'ship/Moncton	23-Jul-10
3000 M	09:29.21	Hussain Fazeel Haroo	National Grand Prix	13-Sep-18	3000 M	12'03"2	Fathmath Hashma Abdul Azeez	16th Nat. Tournamrnt	Dec-05
5000 M	15'36"52	Hussein Riyaz	6th SAF Games/Dhaka	1993	5000 M	20.45.7	Mariyam Inaya Farooq	Atoll Interschool/Gn. Fuvahmulah	09-Jun-10
10000 M	33:34.22	Hussain Fazeel Haroo	National Championships	26-Oct-18	10000M	45.12.36	Shamha Ahmed	Indian Ocean Island Games	2-Aug-15
100 M H	15"4	Hassan Zameel	2nd Inetr School	May-91					
5000 M Walk	28'28"8	Ibrahim Saleem	8th Nat. Meet	Aug-91	3000 M Walk	21'10"99	Aminath Ali	17th Nat.Tournament	Dec-06
4 x 100	41.21	National Team	South Asian Games	10-Feb-16	4 x 100 Relay	51.32	National Team	South Asian Games	10-Feb-16
		Hassan Saaid, Azneem Ahmed, Hussain Inash, Hussain Haleem					Afa Ismail, Shamha Ahmed, Aminath Nazra, Mirfath Ahmed		
4 x 200	01:31.6	National Team	Lefika Relay Meet 2016	02-Apr-16	4 x 200 Relay	2'02"4	Aminiya School U/16	9th Interschool	Mar-02
		Ahmed Anoof Mohamed, Mohamed Naail, Ibrahim Ashfan Ali, Ali Sham							
4 x 400	3.14.30	National Team	IOIG/Reunion	06-Aug-15	4 x 400 Relay	4:18.11	National Team	South Asian Games	11-Feb-16
		Hassan Saaid, Hussain Riza, Ahmed Hassan, Hussain Inash					Afa Ismail, Shamha Ahmed, Aminath Nazra, Mirfath Ahmed		
Midley Relay	2:02.32	National Team	BAA Track Field	10-Apr-16	Midley Relay	2'42"9	New Radiant Sports Club	Relay Festival / Male	11-Mar-00
		Ahmed Anoof Mohamed, Mohamed Naail, Ibrahim Ashfan Ali, Ali Sham					Yaznee Nasheeda, Shamha Ahmed, Shamila Abdul Majeed, Shiafana Ali		
High Jump	1.85	Ahmed Zabeer	8th Association C'Ship/Male'	Oct-09	High Jump	1.47	Rana Ahmed Sadiq	4th Interschool	May-96
Long Jump	6.47	Hussain Haleem	8th Association C'Ship/Male'	Oct-09	Long Jump	4.75	Nashfa Amira	Aminiya Int House	Feb-00
Triple Jump	12.76	Ahmed Fail	10th Nat. Meet	Nov-96	Triple Jump	9.81	Shain Rasheed	10th Nat. Meet	Nov-96
Shot Put	11.02	Hassan Shamoon	25th National C'Ship	01-Oct-15	Shot Put	8.72	Aishath Eva Abdul Gafoor	17th Nat.Tournament	Dec-06
Discus	32.30	Hassan Shamoon	24th National C'Ship	24-Oct-14	Discus	25.36	Aishath Eva Abdul Gafoor	17th Nat.Tournament	Dec-06
Javelin	47.60	Abdulla Mahir	13th Interschool/Male	06-Aug-10	Javelin	34.56	Aminath Shiura	19th National Tournament	Dec-08
5 Km	15:50	Hussain Fazeel Haroo	5Km National de Lakrazza	24-Mar-18	5Km	20:47.0	Mariyam Abdul Kareem	Dhiraagu Maldives Road Race	24-Nov-17
10 Km	31:48	Hussain Fazeel Haroo	Semi Marathon & 10km International	18-Feb-18	10Km	43:26	Mariyam Abdul Kareem	World Half Marathon C'ship	24-Mar-18
15 Km	53:01	Shifaz Mohamed	World Half Marathon C'ship	24-Mar-18	15 Km	1:06:32	Mariyam Abdul Kareem	World Half Marathon C'ship	24-Mar-18
20 Km	1:10:42	Shifaz Mohamed	World Half Marathon C'ship	24-Mar-18	20Km	1:29:17	Mariyam Abdul Kareem	World Half Marathon C'ship	24-Mar-18
Half Marathon	1:14:01	Shifaz Mohamed	Kantipur Half Marathon	19-May-18	Half Marathon	1:33:37	Mariyam Abdul Kareem	World Half Marathon C'ship	24-Mar-17
Marothon	2:35:17	Shifaz Mohamed	Gold Coast Marathon	1-Jul-18	Marathon	3:34:24	Mariyam Abdul Kareem	Standard Chartered Dubai Marathon	26-Jan-18