## Day 1(23 October 2014) EVENING

Time	Event	Sex	H/F	
16:00	Long Jump	Men / Women	Final	
			Heat	1
16:00	100m	Men	Heat	2
			Heat	3
16:10	800m	Women	Final	
16:20	800m	Men	Final	
16:30	High Jump	Men	Final	
17:00	100m	Women	Final	
17:10	100m	Men	Final	

## Day 2(24 October 2014) MORNING

Time	Event	Sex	H/F	
7:30	Shot Put	Men / Women	Final	
7:30	400m	Men	Heat	1
7.30			Heat	2
7:45	1500m	Men	Final	
7:55	1500m	Women	Final	
8:00	Discus Throw	Men / Women	Final	
8:30	4 x 400m	Women	Final	
8:40	4 x 400m	Men	Final	

## Day 2(24 October 2014) EVENING

Time	Event	Sex	H/F	
16:00	Javelin Throw	Men / Women	Final	
			Heat	1
16:00	200m	Men	Heat	2
			Heat	3
16:30	10000m	Men	Final	
17:00	400m	Women	Final	
17:10	400m	Men	Final	

## Day 3(25 October 2014) EVENING

Time	Event	Sex	H/F
16:00	4 x 100m	Women	Final
16:10	4 x 100m	Men	Final
16:20	5000m	Men / Women	Final
16:50	200m	Women	Final
17:00	200m	Men	Final